

Mental Health / Counseling Resources

Arab American Family Services

7000 W. 111th Street, Suite 300
Worth, IL 60482
708-599-AAFS (2237)
arabamericanfamilyservices.org

Aunt Martha's Health and Wellness

877-692-8686
various locations / services
check website - auntmarthas.org

Beverly Therapists

773-310-3488
10725 S Western Ave, 2nd floor
Chicago, IL 60643
www.beverlytherapists.com

Catholic Charities

Holbrook Counseling Center

Cook County 312-655-7725
Loving Outreach to Survivors of Suicide
312-655-7284
catholiccharities.net

Center for Psychological Services

10735 S. Cicero Avenue, Suite 208
Oak Lawn, IL 60453
708-424-0001
cpstherapy.com

Chicago Christian Counseling Center

708-845-5500
Orland Park, Tinley Park, South Holland
chicagochristiancounseling.org

Family Counseling Center Division of Trinity Services

62 W. Washington Street
Joliet, IL 60432
815-722-4384

The Family Institute at Northwestern University

Chicago, Evanston, Northbrook, Westchester
847-733-4300
family-institute.org

Genesis Therapy Center - 3 locations

6006W. 159th Street. Building C
Oak Forest, IL 708-535-7320

Genesis Therapy Center continued

9411 S. 51st Avenue
Oak Lawn IL 708-425-0310
5210 W. 95th Street, Suite 201
Oak Lawn, IL 708-423-3361
genesistherapy.org

Grand Prairie Services

17746 Oak Park Avenue – main office
Tinley Park, IL
708-444-1012 call for counseling services
Chicago Heights, Flossmoor, South Holland
gpsbh.org

Metropolitan Family Services - 3 locations

Palos Hills
10537 South Roberts Road
Palos Hills, IL 708-974-2300
Blue Island
13136 South Western Avenue
Blue Island, IL 708-974-5800
Chicago
3843 West 63rd Street
Chicago, IL 773-884-3310
metrofamily.org

Orland Youth and Family Counseling

14807 South Ravinia Avenue
Orland Park, IL 708-403-4001
orlandtowndhsip.org/youth-and-family-services/

Pillars Community Health

708-PILLARS 708-745-5277
serves several communities in
southwestern and western suburbs of
Chicago
pillarscommunityhealth.org

**Moraine Valley Community College and the
Counseling & Career Development Center do not
endorse or recommend a specific mental health
counseling resource. This list is simply for your
convenience and is not intended to be a
complete list of all mental health counseling
resources.**



Mental Health / Counseling Resources

Suicide / Depression

National Suicide Prevention Lifeline

24 / 7 free confidential support

1-800-273-8255

suicidepreventionlifeline.org

Text Hopeline to 741741 immediate help

1-800-SUICIDE 1-800-784-2433

1-800-273-TALK 1-800-273-8255

Depression Hotline 24 / 7

1-630-482-9699

Domestic Violence

Pillars Community Health

24 / 7 confidential hotline 708-485-5254
crisis, shelter, counseling, legal advocacy for
women and children experiencing DV
pillarscommunityhealth.org/services

Crisis Center for South Suburbia Tinley Park

24 / 7 hotline 708-429-7233

domesticshelters.org key zip code in location
bar for nearby assistance

Guardian Angel Community Services (Joliet)

24-hour hotline 815-729-1228

free confidential services

gacsprograms.org/groundwork

Sexual Abuse / Assault

Pillars Community Health

24 / 7 confidential sexual assault hotline
708-482-9600

pillarscommuniityhealth.org/services

Chicago Rape Crisis

24 / 7 hotline 1-888-293-2080

crisis counseling, crisis intervention, support for
significant others

Sexual Assault Service Center-Guardian Angel

168 N. Ottawa Street, Joliet

24-hour hotline 815-730-8984

gacsprograms.org/sexual-assault-service-center

Substance Abuse

Alcoholics Anonymous

13125 Western Avenue

Blue Island

708-389-1380

aa.org check website for additional locations

180 N. Wabash Avenue, Suite305

Chicago 60601

1-312-346-1475 (main number) 24 / 7 volunteers

assist in answering calls / will return calls /

regular meetings / check website details

chicagoaa.org

Chicagoland Narcotics Anonymous

Helpline 708-848-4884

chicagona.org check website for meetings

National Drug Information Treatment and

Referral Hotline 1-800-622- HELP (4357)

24 / 7 information support, treatment options
and referrals

Chicagoland Gamblers Anonymous

Hotline 24 / 7 1-855-222-5542

gachicago.org check website for meetings

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