

Chicago State University- Moraine Valley Community College
Transfer Agreement Summary

Transfer Program	Bachelor of Science in Recreation (Sports Studies Emphasis, Fitness Management Tract)
MVCC Program	Fitness Trainer Certificate
Agreement Type	General Transfer
Summary	MVCC students who complete the Fitness Trainer Certificate plus up to 36 additional hours of approved bridge courses at MVCC will have up to 66 MVCC credits counted toward the BS in Recreation at CSU.
Number of Credit Hours Accepted	Up to 66 (see articulation guide below for approved courses)
Scholarships and/or Financial Benefits	None for this agreement
Admissions Information	Students are encouraged to apply to CSU one full year in advance of the term of intended admission
Other Information	None
Contact Information	Stephen Powenski spowensk@csu.edu

*Articulation for
Moraine Valley Community College Fitness Trainer Certificate
To
Chicago State University Bachelor of Science in Recreation
Sports Studies Emphasis, Fitness Management Tract*

Moraine Valley Community College
Fitness Trainer Certificate
30 semester hours

Required Courses:

The following courses are required in order to earn the Fitness Trainer Certificate at Moraine Valley Community College.

PEH-160	Human Movement	3
PEH-161	Fitness Methodology	3
PEH-162	Fitness Testing	3
PEH-163	Fitness Programming	3
PEH-164	Exercise for Special Populations	3
PEH-165	Fitness Business Skills and Promotion	3
PEH-172	Nutrition for Today	3
PEH-175	Teaching Group Fitness	2
REC-103	Sport/Recreation Management Careers	3
___ - ___	Elective:	3
	<i>Select</i> PEH-170 First Aid or	
	PEH-171 A Healthy Lifestyle and You	

In addition to the curriculum indicated above, students must meet the graduation requirements as indicated in the Moraine Valley Community College catalog.

Bridge Courses

In addition to the courses listed above, students wishing to transfer to CSU to pursue the BS Degree in Recreation may complete an additional 36 hours selected from the following prior to admission to CSU.

COM-101	Composition I	3
COM-102	Composition II	3
COM-103	Speech Fundamental	3
Humanities/Fine Arts:		

<i>Select any IAI course</i>	3
Foreign Language:	
<i>Two course sequence in one language</i>	8
Mathematics:	
<i>Choose any MTH IAI course</i>	3
REC-120 Recreation Programming	3
PEH-190 Outdoor Recreation and Nature Study	3
REC-182 Recreation for Special Populations	3
BIO-111 General Biology I	4
BIO-115 Anatomy & Physiology	5
Physical and Life Science:	
<i>Select any IAI science course</i>	4
SOC-101 General Sociology	3
PSC-110 American National Government	3
PSY-101 Introduction to Psychology	3
PEH-152 Lifetime Activities	2
PEH-154 Team Sports	2
Electives	6
<i>Choose from: BUS-105, 110, 130, 142, 143, 231, ECO-101, 102</i>	

Chicago State University

Bachelor of Science in Recreation Sports Studies Emphasis, Fitness Management Tract *Minimum 56 Semester Hours*

Completion of remaining Bridge courses listed above and the following:

REC-2000 Program Planning for Leisure Services	3 (Met if REC-120 is completed at MVCC)
REC-2010 Philosophy of Leisure and Recreation	3
REC-2070 Use of Technology for PE and Rec. Prof.	3
REC-2300 Outdoor Recreation and Team Building	3 (Met if PEH-190 is completed at MVCC)
REC-4000 Facility Management and Design	3
REC-4240 Mngt. of Leisure Service Delivery Systems	3
REC-4300 Overview of Therapeutic Rec. Services	3 (Met if REC-182 is completed at MVCC)
REC-4500 Program Evaluation and Research	3
REC-4540 Seminar and Methods for Recreation Field	3
REC-4750 Field Experience (Internship)	3
PE-3030 Physiology of Exercise	3
Choose one from:	
REC/PE-2360, PE-2380, PE-2390	2 (Met if PEH-152 completed at MVCC)
REC-4100 Commercial Recreation	3

