

Moraine Valley Community College
PSY-106-505 Adolescent Psychology
Spring 2009
Andrew High School

Instructor Information:

Instructor: C. Smigla-Didier, M.A.

Contact Information: Email: Smiglac@morainevalley.edu (primary)

Telephone:

Office Hours: make an appointment as needed

Course meets Wednesday evenings, 6-9PM at Andrew High School

Course Identification

Prefix and Number PSY 106

Course Title Social Psychology

3 Credit Hours: 3 Lecture/Demonstration

3 Total contact hours per week

Course Description

Catalog Description:

Study adolescent development with emphasis on biological, cognitive, interpersonal, and psychological tasks within socially and culturally defined contexts such as the family, peer group, work, and school. Psychological, cultural and historical perspectives are examined within the framework of current research. (3 contact hours) IAI: S6 904

Textbook/Required Readings:

Required: Arnett, Jeffrey. 2007. Adolescence and Emerging Adulthood: A Cultural Approach. 3rd Edition. New Jersey: Pearson/Prentice Hall.

General End Competencies Expected

The student will be able to:

1. explain the main concepts of the theories of adolescent development including the Biological, Behavioral and Social Learning, Psychoanalytic, Cognitive, Interpersonal, and Cultural perspectives.
2. examine the physiological process of puberty, sexual maturation, skeletal and muscle development.
3. discuss the psychological aspects of physical change.
4. describe the general characteristics of adolescent thinking.
5. describe Piaget's developmental view of formal operational thinking.
6. specify the fixtures of formal thought and contrast

- them with the concrete operational period.
7. compare and contrast the theories of identity development. Identify the resolutions of the identity crisis.
 8. describe the nature of adolescent friendships. Indicate the developmental changes in friendships and describe gender differences in peer relations.
 9. examine multicultural issues of social development.
 10. discuss the nature of sexuality during adolescence. including dating, sexual behavior and sex education.
 11. identify and describe the special problems of adolescence, including teenage pregnancy, delinquency and suicide.
 12. Outline the tasks of the transition to adulthood including autonomous decision making, leaving home, and achieving economic independence.

Major Concepts

1. Theories: Biological, Behavioral and Social Learning, Psychoanalytic, Cognitive, Interpersonal, and Cultural.
2. Physical Development: The process of puberty, sexual maturation, skeletal and muscle development, weight control and nutrition, psychological aspects of physical changes.
3. Cognitive Development: Piaget's developmental approach, social cognition.
4. Social Contexts of Adolescence: Family relationships, peers, school, work.
5. psychosocial Development: Self concept, gender roles, social relationships, moral development, multicultural perspectives of social development.
6. Sexuality: Attitudes and practices, dating, teenage education.
7. Special Issues and Concerns of Adolescence: Delinquency, drugs, depression, suicide, health issues, eating disorders.
8. Transition to Adulthood: Autonomous decision making, leaving home, economic independence.

Classroom Policies/Procedures

- A. Please review the General Information Sheet that is attached to the syllabus.
- B. A student who does not officially withdraw from a course may receive an “F” depending on course progress or course attendance. This grade will become a permanent part of your record. Do NOT just stop coming to class, if you choose to drop the course, do so officially.
- C. Please review the official withdrawal date for this semester on the General Information Sheet provided.
- D. **Email Policy -Students must use the e-mail account provided by Moraine Valley as their official means of email communication for all business related to this course. All email correspondence for this course must come from your username@student.morainevalley.edu email account. The subject line of all email to the instructor must begin with the course number AND section number followed by the topic.** The course number and section for this course is: PSY202-505. Here are some examples:
Subject: PSY202-505, Missed class - When is quiz #2?
Subject: PSY202-505, What is my grade on Assignment 3?
Subject: PSY202-505, Question on assignment 12
Email without a subject may not be read and will probably be deleted. The body of the email must include at least one complete sentence AND be “signed” with your full first and last name. When asking for help, please do your best to be specific about the question(s) and always “sign” your email at the bottom by typing your full first and last name. If you are requesting a phone call back, include your phone number with area code.
Email Guidelines & Procedures: Each student is responsible for reading the Email Guidelines & Procedures, which is located at <http://www.morainevalley.edu/studentemail/guidelines.htm>
- E. **Attendance Policy:** Class meetings are required. (Because the class meets only once a week for 3 hours, one absence is equal to missing 3 regular 1 hour class periods.) Attendance is more than just attending class, **you must also participate in order to achieve full points for attendance.**
- F. **Cheating is absolutely forbidden.** MVCC regards dishonesty in assignments, exams, or any of your course work a very serious offense. Any student who cheats is subject to dismissal from the course. Plagiarism is cheating. Plagiarism includes using others’ ideas and words as your own, so in writing assignments, be sure to **cite your sources!!**
- G. Every student is responsible for adhering to the Code of Student Conduct as clearly stated in the college catalog.

- H. **Turn off or silence cell phones and pagers! It is disruptive to the class, so please turn off. Do not text message in class-it is disruptive and disrespectful.**
- I. Tardiness- please try to be on time-it is disruptive when students come in late.
- J. Grades will be discussed by making an appointment with me. It is expected that each student keep track of their own grades; however I am happy to speak to students about their grades at any time.
- K. It is expected that students will read the assigned readings prior to class so that students can ask questions and participate in class discussions.
- L. Every week there will be a class discussion regarding a current psychological topic. Every student is expected to participate meaningfully in the discussions.
- M. Andrew High School is a no-smoking environment. Smoking is not permitted on the Andrew High School campus or parking lot. Offenders will be ticketed by police.

Grading Policies/ Procedures

Due dates for assignments are final. I will NOT accept late assignments. There is the opportunity to turn in assignments early for instructor review. I will review the assignment and provide students with comments on how to improve the assignment. If a student has any questions about any of the assignments, please ask.

Assessment of Student Learning

Note: All general education eligible and transfer courses must include a writing component and a comprehensive final examination.

Assignments

260 points 13, 20 point, Multiple Choice and short answer quizzes
 40 points Attendance/Participation
 30 points Development Assignment A separate handout will be provided
 50 points Research Paper A separate handout will be provided
 20 points Homework/In Class Assignment
 50 points Media Assignment A separate handout will be provided
 50 points Comprehensive Final

-500 points total-

90-100%-	A	It is encouraged that each student keep track of his/her own points.
80-89%-	B	
70-79%-	C	
60-69%	D	
Under 59.5%-	F	

Extra Credit available- volunteer or donate goods (not money) RECEIPT NEEDED-must be signed by whomever you are volunteering or donating to. Will be discussed in class. Quizzes and final will be multiple choice and short answer.

Make up policy- Students may only make up quizzes at instructor's discretion with some sort of documentation (doctor's note, mechanic's bill, etc.) The make-up exam MUST be immediately re-scheduled with the instructor. Students cannot make up attendance/participation points, any group work, or in-class assignments that were assigned.

Following is a tentative schedule for class. The syllabus, including course calendar may be changed as needed-instructor will notify students of any changes immediately.

Date	Assigned Readings/Events
1. 1/21	Introduction, Ch. 1
2. 1/28	Ch. 2 Quiz 1 (1,2)
3. 2/4	Ch. 3 Quiz 2 (3)
4. 2/11	Ch. 4 Quiz 3 (4)
5. 2/18	Ch. 5 Quiz 4 (5)
6. 2/25	Ch. 6 Quiz 5 (6)
7. 3/4	Ch. 7 Quiz 6 (7)
3/11	NO CLASS
8. 3/18	Ch. 8 Quiz 7 (8)
3/25	NO CLASS
9. 4/1	Ch. 9 Quiz 8 (9) Development Due
10. 4/8	Ch. 10 Quiz 9 (10)
11. 4/15	Ch. 11 Quiz 10 (11)
12. 4/22	Ch. 12 Quiz 11 (12) Earth Day Discussion
	Media Assignment Due
13. 4/29	Ch. 13 Quiz 12 (13) Research Paper Due
14. 5/6	Ch. 14 Quiz 13 (14)
15. 5/13	Review, FINAL