

Newsletter for **Adult Students**

MORAIN VALLEY COMMUNITY COLLEGE

SPRING 2008

Services for You

- Career guidance and academic planning
- Adult Learner Program—a block of classes taken with peers, along with support services
- Women in Technology Program—mentoring for women considering careers in technology
- Workshops on study skills, time management and more
- Chicagoland Regional College Program—Attend Moraine Valley classes and work part-time at UPS in Hodgkins. Receive money for tuition, books, transportation, and other education-related expenses.
- Illinois Employment Training Center—for those who have been laid off, divorced, separated, or earning a low income
- Illinois Support, Training and Employment Program for displaced homemakers

OPEN HOUSE

Do you know anyone who might benefit from attending Moraine Valley? Is your son or daughter exploring college options? Come to our open house to learn more about the college's programs and services, when to apply for financial aid, and how to enroll. Tour the campus. Refreshments will be provided.

Saturday, June 7

from 9 to 11 a.m.

**Building C (College Center)
Second Floor, Moraine Rooms**

Stories of Inspiration: Meet Our Adult Students



Brent Woods

Pursuing his massage therapy certificate; plans to continue his education and earn a degree in naprapathy

"I've wanted to do this for a long time, and I decided now was the right time. Because I have a full-time job, daytime classes are not an option for me. I've been able to take night and weekend classes, and the online classes are helpful, too. I appreciate the proximity to my home, the quality of the instructors, and the affordability."



Shareen Clark

Currently working on her data entry certification; plans to go on for a bachelor's degree and work in loss prevention

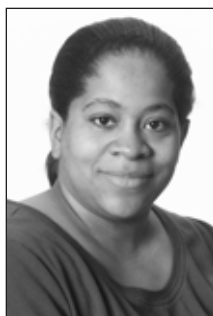
"I'm part of the Chicagoland Regional College Program (CRCP), so I work at UPS at night and take classes during the day when my kids are in school. The program pays my full tuition. When you're multi-tasking like I am, you need a college with flexible scheduling. I can plan my classes around my kids' activities and be a responsible, caring mom while I teach them that education is important."



Krushenka Miller

Recently moved from Ecuador; studying massage therapy

"I feel comfortable at Moraine Valley—everyone has been very helpful. I learned English here in the ESL (English as a Second Language) classes. They have everything here—a good library and the computer center. I was afraid to take classes at first, but everyone has been very helpful. They really care about me."



Nikki Lacy

Moraine Valley class of 2007

Studying elementary education at Saint Xavier University

"When I was getting ready to leave Moraine Valley, I wanted to go to Saint Xavier University, but I kept looking at the price and decided I probably couldn't afford it. But academic advisor Kim Golk kept telling me not to let that keep me from pursuing my dream. She helped me look at scholarships that were available and I received two. If it hadn't been for Kim, I probably wouldn't be at Saint Xavier right now."

Counselors' Corner

New Adult Learner Program Starting This Fall

The Adult Learner Program includes a block of classes taken together with other adult students, along with support services. Formerly offered as the Returning Woman Program, the college is excited to expand the program. You can meet other adults to share ideas and solutions as you meet the challenges of being a student while balancing the demands of a busy adult life.

Classes in the program complement each other and help enhance learning and communication skills, along with your confidence as you examine your strengths. Attend an upcoming adult information session to learn more!

The program includes a block of courses that will enable students to earn college credits which can be applied to a degree or certificate. You'll learn to write effectively and creatively in COM-101. You'll discover your learning strengths, increase your confidence and explore your goals in PSY-100. For more information, contact us!



Paula Adduci
adduci@morainevalley.edu
(708) 974-5722



Lynn Bailey
baileyT29@morainevalley.edu
(708) 974-5722

Adult Information Sessions

Attend a session to learn more about how you can fit college into your busy life and everything Moraine Valley has to offer: **March 12 • April 9 • May 7.**

Sessions begin promptly at 6 p.m.

Location: Building C, second floor, Moraine Room 4.

baileyT29@morainevalley.edu or Paula Adduci at adduci@morainevalley.edu.

Free Workshop Sexual Violence Prevention

Thursday, April 3, 3 to 4 p.m.
in Room B111

Sexual Assault Awareness Month, observed in April, is dedicated to raising awareness about and prevention of sexual violence. Sexual violence is not just a woman's issue, nor it is something that happens to someone else or somewhere else. It happens everywhere, every day and every minute to both males and females of all ages. Families and friends of survivors also are affected. Because sexual violence is everyone's issue, we can help solve it through the efforts of women and men working together. Take the time to learn the facts and what you can do. To register for this free workshop, contact Counseling and Career Development at (708) 974-5722.

Complete your bachelor's degree after Moraine Valley

Northeastern Illinois University—Their returning adult program is designed specifically for individuals over 25 who are returning to school after a break in their education. The program empowers and supports transfer and re-entry students in reaching their educational goals. The program helps remove the barriers—both educational and personal—that impede a student's success through education, advocacy and support. Learn more at www.neiu.edu.

Lewis University—Knowing the majority of adult students work full-time, the adult programs at Lewis are designed to meet your individual needs. Both undergraduate and graduate degrees are offered in conjunction with the Colleges of Arts and Sciences, Business, Education, and Nursing and Health Professions. Lewis also offers accelerated programs for adult learners. To learn more or register for an open house, visit www.lewisu.edu/academics.

Chicago State University—The Board of Governors Bachelor of Arts degree program is a flexible course of study designed to meet the educational needs of the adult learner. Courses that lead to degree completion are offered during the day and evening. Students may earn credits for life learning experiences that meet requirements set by the Office of Nontraditional Degree Programs. Find out more by calling (773) 995-2545.

Fine and Performing Arts Center EVENTS

- **Barefoot in the Park** by Neil Simon—Feb. 29-March 2, March 7-8, John and Angeline Oremus Theater, *Produced by special arrangement with Samuel French, Inc.*
- **Count Basie Orchestra**—March 1, Dorothy Menker Theater
- **Thodos Dance Chicago**—April 5, Dorothy Menker Theater
- **Aladdin**—Theater for Young Audiences—May 10, Dorothy Menker Theater
- **Chorale Concerts**—March 8, May 3, Dorothy Menker Theater
- **Concert Band Spring Concert**—May 4, Dorothy Menker Theater
- **Percussion Ensemble Spring Concert**—May 8, Dorothy Menker Theater
- **Jazz Ensemble Concerts**—March 7, May 2, Dorothy Menker Theater
- **Boy Gets Girl**—May 1-4, John and Angeline Oremus Theater

For ticket info, contact the Box Office at (708) 974-5500 or visit the office in Building F (Fine and Performing Arts Center).

The academic music and theater departments welcome students, musicians and thespians of all ages to be involved in music ensembles or theatrical productions. Contact us to re-engage your artistic side! (708) 974-5500.

Online Learning: Tips for Success in an Online Class

Considering an online class may evoke emotions ranging from excitement to apprehension. Here are some tips to take full advantage of this kind of learning.

Your computer—Make sure you meet the minimum computer requirements: modem speed, memory, browser.

Get organized—Designate physical space and virtual files for your coursework. If you plan to use multiple computers, a portable memory drive will help keep your coursework readily available.

Visit your virtual campus—An orientation almost always is offered online to acquaint you with the online learning environment. Make sure you test your user ID and password prior to the first required login to address any problems that may occur. Also use this time to identify any blackout periods or when the system may not be available.

Resources—Make sure you know where key campus offices are and pertinent contact information, such as the Help Desk, Academic Advising, Registration, and the Library. In most cases, you can access these services online. Also become familiar with important college deadlines and the academic calendar.

Course layout—Log in once you officially register and become familiar with the site content. Click on all of the links, visit the discussion board, review the syllabus and assignment page, and test the instructor e-mail link by introducing yourself.

Posting an introduction—Most courses will ask students to post an introduction as a get-acquainted strategy. Take full advantage of this opportunity to get to know some of your classmates better. The buddy system works well in the online learning environment and allows you to compare notes, share thoughts and understand assignments.

Remember to ask questions, enjoy the experience, relax, and breathe! If you're not sure an online class is right for you, visit with an academic advisor, who will guide you through your options and help you make the correct decision for you. To learn more about online learning, visit <http://my.morainevalley.edu>.

Certificate Program Leads to Transportation Industry Career



Looking for a job in an exciting industry with excellent growth potential? Moraine Valley's new Supply Chain Management Program delivers! This program can prepare you for a job in the fast-growing transportation, distribution and logistics industry. Learn more from the Academic Advising Center in Building C or morainevalley.edu/programs.

CASH FOR COLLEGE

Check out scholarships for which you may be eligible!
morainevalley.edu/FinancialAid/mv_scholarships.htm

Job and Internship Fair

Wednesday, March 26

2 to 5 p.m.

Moraine Valley's Gym, Building G

FREE! Open to the public!

This second annual event is open to students, alumni and the community and is geared toward matching local employers with qualified candidates from a variety of industries. Employers will be recruiting for part-time, full-time, internship, and seasonal employment opportunities. Bring copies of your resume—required for admission! Business attire required.

To make the most of this fair, attend a free workshop earlier in the week on March 24 from 4 to 5 p.m. Register or get more info from Job Placement at (708) 974-5737, morainevalley.edu/jpc.

Also, visit the pre-job fair resume critique tables in Building L, outside the library, March 18 from 4 to 5 p.m. and March 19 from 12:30 to 1:30 p.m.

The Job Placement Center offers other workshops and services for students. Check out morainevalley.edu/jpc.

Adult students at Moraine Valley—

40 percent of our enrollment

Student Leadership Awards

Each year, Moraine Valley offers these leadership awards.

Moraine Valley Leadership Award—Offered to an outstanding student leader. Recipient is awarded \$900 and serves as the student speaker at graduation.

Student Life Office Award of Excellence—Offered to an outstanding student leader. Recipient is awarded \$750 to be used to continue his/her education and is presented a special award at the Student Life banquet.

For application packets, visit Student Life in C160.

Shorten Your Path to a College Degree with CLEP

College-Level Examination Program— Get credit for what you know!

- National comprehensive tests in 35 subject areas
- Offered monthly at Moraine Valley
- CLEP scores are accepted by about 2,000 American colleges and universities
- CLEP registration forms are available in B260
- Fee is \$60 per test, plus \$15 Testing Center fee per test
- Students who pass the CLEP examinations complete a request to have their score posted to their transcript

Find out more in the Alternative Learning Office, Room B260, or see morainevalley.edu/AlternativeLearning/clep/clep.htm.

Moraine Valley students who already have some college credit—

31 percent

National Nontraditional Students' Week

Moraine Valley celebrated this event in November. Congratulations to the raffle winners:

- *Burnham Woods Golf Course Golf and Lunch for Four*: Katie Heebner, Kelly Meredith
- *Joe Louis Golf Course Package for Four*: Sarah Whitney
- *Rivers Oak Golf Course for Four*: Mary Alksnis
- *Four-month Health Fitness Center Membership*: Debbie Matusky, Debra Leneave
- *Two Tickets to the Second City*: Sarah Whitney
- *Fontano's Submarine Sandwiches Gift Card*: Maria Benasa
- *WXRT Gift Pack*: Sherri Reising, Sandy Sabatino

Children Learn and have Fun in Our Summer Classes

Moraine Valley offers a full program of summer classes for children and teens, as well as sports camps. With classes that appeal to every interest, your kids and grandkids can find classes that entertain and enhance their development.

- Academic skills • CSI-Moraine Valley • Drawing superheroes • Lego robots • Weather
- Computers • Dinosaurs • Languages • Magic
 - Sports • And much more!

Valley Learning Center
morainevalley.edu/vlc
(708) 974-5735

Summer and Fall Registration

Avoid the last-minute rush. Get help picking the right classes by visiting the Academic Advising Center to plan your summer and fall schedules. Walk-ins welcome.

Academic Advising Center
Building C, second floor
(708) 974-5721
Mon.-Thurs. 9 a.m.-7 p.m.
Fri. 9 a.m.-5 p.m.

Summer Summer registration starts April 21.
Credit schedules will be available after March 10.

May 19 Three-week summer pre-session begins
June 9 Eight-week and first four-week summer sessions begin
July 7 Second four-week summer session begins

Fall Fall priority registration starts April 28.
Open registration starts May 7.
Credit schedules will be available after April 2.
Fall classes start **Aug. 25**.

Get Involved!

Get the most from your college experience. Take time to join a club or organization. You'll meet others, develop skills, and so much more!

Adult Student Club—This club is for all Moraine Valley students—regardless of age—who have adult responsibilities outside of campus. The club functions as a support group, a social group, a service group, and an advocacy group to make the needs of adult learners more visible and to suggest ways to meet those needs at Moraine Valley. For information, contact Kim Golk at golkk@morainevalley.edu or (708) 608-4179.

Phi Theta Kappa—Phi Theta Kappa is the international honor society for two-year and junior colleges. Membership requirements are cumulative GPA of 3.5 or higher in 12 or more credit hours at Moraine Valley. PTK bases all programs on its four hallmarks: scholarship, leadership, fellowship, and service. Contact Demetrius Robinson at robinsond63@morainevalley.edu or (708) 974-5353.

Student Government Association—Get involved in the decision-making process at Moraine Valley. The association provides a forum for student issues, allows you to develop leadership skills, offers student services and social/educational learning environments, provides a line of communication from the students to the college administration, and assists in community volunteer work. Contact Demetrius Robinson at robinsond63@morainevalley.edu or (708) 974-5353.

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This newsletter is published every fall and spring semester for adult students. If you have any questions or comments, contact the Academic Advising Center at (708) 974-5721; Building C, second floor; or golkk@morainevalley.edu.